



**2017 - Icarus Florida UltraFest**  
**November 13<sup>th</sup> - 19<sup>th</sup> - Fort Lauderdale, Florida, USA**  
**Release and Waiver**

I know that running an ultra-marathon race is potentially hazardous activity, which could cause injury or death. I accept all rules, conditions, and regulations and will comply with them. I am aware that a run of this nature is extremely difficult and hazardous, even for well-conditioned athletes under the most favorable conditions I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform in the race I signed up for at the Icarus Florida UltraFest, and am in good health, and I am properly trained. I hereby state that I have trained properly and adequately for this event; and that I have no medical conditions that could likely be worsened by vigorous or prolonged physical activity.

I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them.

I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Claire Nana, Andrei Nana, the Icarus Florida UltraFest, the city of Fort Lauderdale, Snyder Park, and the International 100+ UltraRunning Foundation, Inc, all event sponsors, their representatives and successors, race officials, volunteers, or any person connected with this event, for any and all claims or liability for death or for damages for any and all injuries to me or my property arising out of or in connection with my participation in this event. This Release extends to all claims of every kind and nature, whether foreseen or unforeseen, known or unknown, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
 PRINT NAME: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Parent' s Signature if under 18 years:  
 Date: